

EBOLA VIRUS

WHAT IS EBOLA AND HOW DOES IT SPREAD?

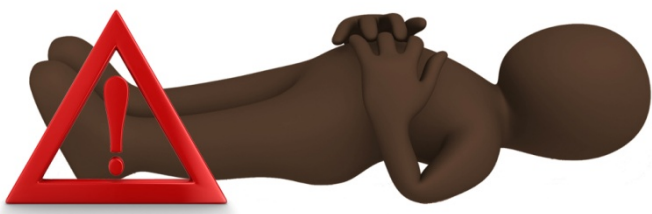
- Ebola is caused by a virus
- No vaccine, and no treatment are available
- Causes severe illness, with bleeding
- Highly contagious; many people can quickly become infected
- Up to 90% of the infected will die



- Sick people can spread the disease to others
- People in direct contact with sick people are at highest risk:
 - Family members
 - Healthcare workers



- Contact with dead bodies can cause infection. **BE CAREFUL** (Bury carefully. Keep away)
- DO NOT wash, touch or kiss dead bodies
- DO NOT wash hands in the same bucket as others who have touched the body



WHAT ARE THE SYMPTOMS OF EBOLA?

Symptoms can start within 2 days of contact with an infected person or body

Early Symptoms



Fever Nausea Headache Tiredness


Late Symptoms



Vomiting
May contain blood Diarrhoea
May contain blood Coughing
May contain blood Bleeding
(Mostly nose and mouth)

PREVENTION OF EBOLA AND WHAT TO DO IF YOU GET SICK



- You can catch EBOLA from someone who is sick or dead 
- Wash your hands regularly – use soap!

- DO NOT touch an infected person or their body fluids, including blood, vomit, faeces, urine
- DO NOT touch or eat “bush meat” and don’t eat bats



- Call your medical centre and tell them about your illness
- Listen to the advice. You may be sent to a special hospital
- Keep away from others so they don’t get sick
- Be especially careful of your vomit and diarrhoea

